



Dear Parent/Carer,

Every primary school is required to deliver statutory relationships and health education to their pupils that well-equips them for the challenges they will face during adulthood. Primary schools can also choose to deliver optional sex education to pupils, which is in addition to what is taught through the science national curriculum. Schools within the Trust will continue to deliver sex education as per previous years and each school will follow the same protocols, information sharing and permissions as in previous years.

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) course. This looks at many topics including all kinds of relationships, physical / emotional health and living in the wider world. The aim of the PSHE course is to help our pupils make safe and informed decisions during their school years and beyond.

It is a requirement to have a policy in place that sets out how our schools organise and deliver the Relationships and Sex Education - RSE Curriculum, as well as Sex Education if you choose to teach it. Our policy for RSE can be found on our Trust website, within the "Policies Updated," section:

<https://www.owlsacademytrust.co.uk>

Our policy helps us to meet the statutory requirements and ensures that we deliver a high-quality, accessible and relevant curriculum.

Relationship and Sex Education (RSE) is an important part of the PSHE course. We will be teaching lessons about RSE in the Summer term as per previous years. During the lessons, pupils will be able to ask questions, which will be answered factually and in an age appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information. Once again you will be informed of this and the appropriate permissions and letter will be forwarded to you in advance of any teaching.

Some parts of RSE are compulsory - these are part of the National Curriculum for Science. Parents can withdraw their children from all other parts of RSE if they wish to do so. However, we believe that the presentation of sexual images in social and other media make it important that all young people have a place to discuss pressures, check facts and dispel myths. Even if a child is withdrawn, many pupils will discuss such issues with each other outside of the classroom – so, rather than hear about the content second-hand, we hope all children will have the opportunity to take part in our carefully planned lessons.

Many parents and parent-related organisations support good quality RSE in school. Parents are the most important educators of young people in personal issues and many welcome the support that school can offer to supplement their home teaching.

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate in contacting your schools head teacher. All materials used are available for you to browse through should you so wish.

Yours sincerely,

P.Merry
CEO

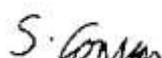
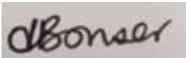
Helen Bonser
Headteacher

S.Conlon
Headteacher

H.Cartledge-
Splitth
Headteacher

N.Hackett
Headteacher

D.Harding
Headteacher



Relationships Sex Education – Frequently Asked Questions

What are the aims of RSE in our school?

Depending on the age of the children and the lessons in their particular year group, we want RSE to:

- *Develop the confidence to talk, listen and think about their feelings and relationships*
- *Develop friendship/relationship skills*
- *Develop positive attitudes, values and self esteem*
- *Provide knowledge and understanding about puberty and the changes that will take place*
- *Provide knowledge and understanding about reproduction and sexuality*
- *Address concerns and correct misunderstanding that children may have gained from the media and peers*
- *Develop skills to help children protect themselves against unwanted sexual experience*
- *Know where and how to seek help*

Can you explain the school's RSE Morals and Values Framework?

RSE follows the school's agreed aims, values and moral framework which is sensitive to the needs and beliefs of pupils, parents / carers and other members of the school community. RSE will be delivered within the school's agreed equal opportunities framework.

RSE will support the importance of marriage or stable relationships, for family life and bringing up children. Care is taken to ensure there is no stigmatisation of children based on their different home circumstances.

Pupils will be encouraged to understand that thinking about morals and values also includes:

- *Respect for self and others*
- *Commitment, trust and love within relationships*
- *Understanding diversity regarding religion, culture and sexual orientation*
- *Honesty with self and others*
- *Self-awareness*
- *Exploration of rights, duties and responsibilities*

Misunderstandings about RSE

There is sometimes concern that RSE in school might promote sexual activity or cause confusion about an individual's sexuality. The research on quality RSE points to a more positive outlook: 87 programmes from many countries were examined by UNESCO in 2009. This led to the conclusion that if RSE has an effect it is a positive one: *“sexuality education can lead to later and more responsible sexual behaviour or may have no discernible impact on sexual behaviour”*.

In the UK the research is even more positive. Analysis by the National Survey of Sexual Attitudes and Lifestyles team over several years consistently shows that men and women who said that lessons at school were their main source of information about sex were more likely to have started having sex at a later age than those for whom parents or other sources were their main source. Schools have an important role to play in RSE.

Relationships education, relationships and sex education (RSE) consultation letter to parents

RE: Consultation of parents regarding RSE

Dear parents/carer,

I am writing to invite you to share your thoughts and opinions with us regarding the upcoming Spring term unit of work in our PSHE curriculum: Spring Fever.

We introduced this effective scheme of lessons two years ago, in order for us to comply with DFE guidance on SRE. Last year, we held after-school meetings in each year group so that parents could discuss the materials with the teacher, however as we may not be able to do that this year due to Covid19 restrictions, we are inviting you to ask any questions or share your thoughts via email.

As in previous years, the resources and more information about this unit of work for each year group are all available on our school website, in the Curriculum Information area. Here, you will find lesson plans, vocabulary lists for each year group, and parent diaries that include discussion points or questions that children may come home with after each of the sessions taught. This will enable you to hold conversations at home prior to the lesson in school if you wish to discuss and elements with your child first. You can also access the most up-to-date version of Hinckley Park's RSE and PSHE policies on our school website.

At Hinckley Parks, we value your opinions and input regarding the education of your children, and would therefore welcome any constructive comments or questions that you may have regarding Spring Fever and the RSE curriculum. This is an important opportunity to discuss how RSE contributes to wider support in terms of pupil wellbeing and keeping children safe, and to recognise that a range of approaches may be needed.

Thank you for taking the time to read this letter, I look forward to hearing your thoughts. If you have any additional queries, please feel free to contact Mr Harding.

Yours sincerely,



P.Merry

CEO