November 2018

Opportunities | Wisdom | Legacy
Welcome to our ‘Values’ assembly

A value is a principle that guides our thinking and behaviour
COURAGE

KINDNESS
How did exploring the value of KINDNESS guide your thinking and behaviour?
In **November** we will be exploring a value which is at the root of: Compassion, Respect, Kindness, Friendship, Peace, Equality, Courage, Consideration, Trust, Self Control, Tolerance…

**EMPATHY**
Empathy means… understanding what others are feeling because you have experienced it yourself or you can imagine experiencing it.

You can ‘put yourself in their shoes.’
EMPATHY

How do each of these children feel?

Would ‘empathy’ change this situation for the better?
EMPATHY

Think of how others feel

Treat others how you would like to be treated
Think about the work of charities... They are based on the value of EMPATHY
A value is a principle that guides our thinking and behaviour

How does EMPATHY do this?
A quiet moment of prayer or reflection...

EMPATHY
As we reflect, think about how **EMPATHY** makes the world a better place to be.
Why is it important to show EMPATHY to others?
How does it make YOU feel when you show EMPATHY? Is it always a nice feeling?
What could be the impact on *your family* if you all tried to show more empathy?
What could be the impact on *our school* if we all tried to show more EMPATHY?
What could be the impact on the communities you belong to if everyone tried to show more empathy?
What could be the impact on our world if we all tried to show more EMPATHY?
How is ‘empathy’ different to ‘sympathy’.

Can you explain?
Empathy

E – Everybody needs somebody
M – Model and mirror
P – Put yourself in their shoes
A – Ask if you can help
T – Treat others the way you want to be treated
H – Hurtful or helpful
Y – You feel better and they feel better.
Empathy is

seen with the eyes of another,
listening with the ears of another,
and feeling with the heart of another.